

QUICK GUIDE

TRAINING FOR CACS

A RESOURCE GUIDE TO MEET ACCREDITATION
STANDARDS



Children's Advocacy Centers
of Washington

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INTRODUCTION

This guide was designed for quick access to resource links for both initial and ongoing training across all disciplines meeting the National Children's Alliance (NCA) 2023 National Standards of Accreditation and National Optional Standards of Accreditation.

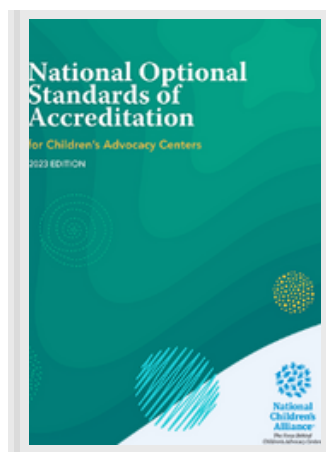
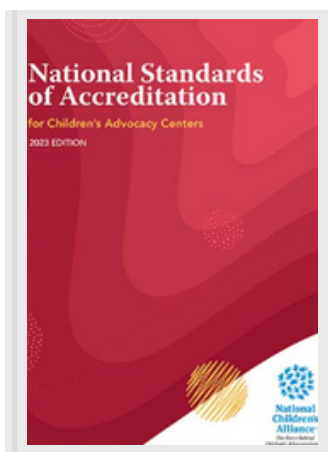
The National Standards ensure that children across the U.S. served by CACs receive consistent evidence-based and evidence-supported interventions that help them pursue safety, healing, and justice. CACs are community-based programs. They are designed to meet the unique needs of the communities they serve and no two CACs look or operate exactly alike. The Standards serve as a roadmap for new CACs as they develop and assist existing CACs in improving their services to children and families.

In addition to the 10 National Standards of Accreditation (red book) there are three Optional Standards of Accreditation (green book). The Optional Standards outlines optional services that CACs provide to serve child victims of commercial sexual exploitation and physical abuse, as well as to engage in child abuse prevention services.

The following chapters of this guide reflect the standard's requiring training. Each chapter begins with the initial or foundational training requirement for the standard and resources for that training. Ongoing training resources follow with links to state, regional and national training options. The ongoing training resources are not exhaustive as training hours can be obtained from conferences or other sources on the subject matter of child maltreatment.

To view the National Standards of Accreditation and the National Optional Standards of Accreditation click on the pictures below. More information about the standards is located on NCA's website.

<https://www.nationalchildrensalliance.org/ncas-standards-for-accredited-members/>.



Training Requirements by Discipline

	MDT Coordinator/ Facilitator	Forensic Interviewer	Victim Advocate	Medical Personnel	Mental Health Clinician
Component A: Initial Training	8 hours - range of suggested topics	32 hours with 5 required elements	24 hours covering 12 required topics (3 new topics)	Child abuse pediatric sub-board elig; other Dr/APN/PA with 16 hours; or SANE with 40 hours	40 hours EBT for trauma training and/or clinical supervision; and MA
Component B: ongoing education 8 hours every 2 years	Topic = field of child mal-treatment and/or facilitation	Topic = field of child mal-treatment and/or forensic interviewing	Topic = field of victim advocacy and child mal-treatment	Topic = field of child abuse (can include teaching experience)	Topics = field of child abuse

Quality Improvement Requirements by Discipline.

MDT Facilitator/Coordinator	Forensic Interviewers	Victim Advocates	Medical Personnel	Mental Health Clinician
No peer review or supervisory requirements	Peer review required a minimum of 2x per year (Component F)	No peer review or supervisory requirements	All findings deemed abnormal or "diagnostic" of trauma from sexual abuse require expert review by "advanced medical consultant" (Component C)	Clinicians must participate in ongoing clinical supervision and/or consultation (Component I)

Multidisciplinary Team

Coordinator/Facilitator



Multidisciplinary Team Coordinator/Facilitator

Initial Required Training

The person designated to coordinate and facilitate the MDT should have training and experience in team facilitation to ensure a fully inclusive and participatory process that will ultimately benefit the child client. Facilitating the MDT requires an understanding of group dynamics, conflict resolution techniques, and team problem solving. Foundational training sets the MDT Coordinator/Facilitator up for success to be able to work with challenges as well as celebrate success.

Initial Training Requirement

Essential Component A from the NCA 2023 National Standards of Accreditation indicates the MDT Coordinator/Facilitator coordinates and facilitates the day-to-day information sharing and activities of the MDT. The MDT Coordinator/Facilitator must complete training that includes a **minimum of 8 hours** of instruction in the following topics that cover the function of the MDT Coordinator/Facilitator.

- Developing and maintaining relationships with and among MDT members
- Defining roles and responsibilities of team members
- Defining mission, vision, and values of the MDT
- Managing change and turnover on the MDT
- Navigating and resolving conflict
- Knowledge of evidence-informed team development models
- Facilitating shared decision-making
- Ensuring adherence to MDT agreements and protocols
- Understanding of the various meeting structures that support effective teams
- Facilitating effective communication processes
- Creating psychological safety
- Training in implicit bias and how it impacts the MDT
- Building resilience for the MDT

Initial Training from Western Regional Children's Advocacy Centers (WRCAC)

Fundamentals of Team Facilitation

This training will cover an overview of the MDT Facilitator's role in the CAC/MDT model, an introduction to team development and skills for building trust and safety on the team. This virtual training is intended to fulfill the **8** hours of core training for MDT Facilitators required in the 2023 National Children's Alliance Standards for Accredited Members.

This course includes two 5-hour sessions of live instruction via Zoom and approximately 2 hours of independent pre-work to complete 12.0 hours of total instruction. See the Regional website for information about cohort application dates/session dates.

<https://www.regionalcacs.org/fundamentals-of-team-facilitation/>

Multidisciplinary Team Coordinator/Facilitator

Leading Engaged Teams

This is a 2.5 day, in person training hosted by Midwest and Western Regional CACs. Applications required; space is limited. Ideal participants will have been in their role for 2 – 3 years and have not yet completed the 8.0 hours of training required to meet NCA accreditation standards. Use the link to sign up for notification of open application period.

<https://www.westernregionalcac.org/leading-engaged-teams/>

<https://survey.alchemer.com/s3/5987901/WRCAC-General-Mailing-List-Form>

Ongoing Required Training

The designated MDT Coordinator/Facilitator must demonstrate participation in continued education in the field of child maltreatment and/or facilitation for a **minimum of 8 contact hours every 2 years.**

Western Regional Children's Advocacy Centers (WRCAC)

<https://www.westernregionalcac.org/>

Building Resilient Teams

Online guided discussion group to build resiliency within the MDT. Participants, with guidance from a facilitator, will review the core elements of resiliency, identify strategies to grow capacity in each element, and consider how to implement the strategies within their MDT to encourage resiliency. Visit Western Regional's website for more information about upcoming cohort dates.

<https://www.westernregionalcac.org/training-and-events/building-resilient-teams/>

Midwest Regional Children's Advocacy Center (MRCAC)

<https://www.mrcac.org/>

Core Concepts for Team Facilitation

This program is 2.5 hours of content and each lesson is designed to take approximately twenty minutes. The learning modules include worksheets and resources to accompany your learning and application. Participants are encouraged to complete the course at their own pace and can navigate to topics that are most relevant in the moment. The modules include:

- Intro to Team Facilitation and the Google Model
- Creating a Safe Space for Your Team
- Structures and Processes
- Facilitating Open Dialogue
- Resilience

<https://www.mrcac.org/elearning/cc4course/>

Multidisciplinary Team Coordinator/Facilitator

Core Concepts for Team Facilitation Course + Community

3.0 hours course material that is self paced an + 6.0 hours virtual discussion. Click the link to learn more about course content and for notification of upcoming dates.

<https://www.mrcac.org/cc4/>

How CAC Professionals Can Support Implementation of The Indian Child Welfare Act

Archived Webinar - Click on the link to complete and submit the Archived Webinar Registration.

<https://mrcac.tfaforms.net/324>

Providing Culturally Sensitive, Trauma Responsive Victim & Survivor Services

Archived Webinar - Click on the link to complete and submit the Archived Webinar Registration.

<https://mrcac.tfaforms.net/322>

Often Normal, But Still Needed: The Medical Evaluation of Child Sexual Abuse

Archived Webinar - Click on the link to complete and submit the Archived Webinar Registration.

<https://mrcac.tfaforms.net/320>

National Children's Advocacy Center Virtual Training Center (NCACvtc)

To access training materials from this site you must sign up and create a log in. Use the link below to access the log in page.

<https://ncacvtc.org/#/login>

Cultivating the Role of Team Facilitator

10 Modules, 5.75 hours self-paced, on-line content. Registration required to be a user for NCACvtc. Log in and search for the course title.

<https://ncacvtc.org/#/login>

Children's Advocacy Centers of Washington (CACWA)

www.cacwa.org

CACWA offers training on a variety of topics throughout the year – View our training calendar here: <https://cacwa.org/events/> or sign up to receive notifications by contacting Lisette at training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

Diversity, Equity & Access



Diversity, Equity & Access

The CAC provides culturally responsive services for all CAC clients throughout the duration of the case.

The CAC values Diversity, Equity, and Inclusion (DEI) and **requires all CAC staff to participate in DEI training a minimum of 8 hours every 2 years.**

The CAC values Diversity, Equity, and Inclusion (DEI) and **annually provides MDT members access to DEI training and information.** The CAC documents training opportunities (whether provided directly or through access to other organizations) and MDT participation.

Understanding and integrating issues of diversity, equity and inclusion are not accomplished in a single training. Participating in the minimum number of hours of training every two years demonstrates these critical issues become part of the CAC staff's individual and collective responses to the clients and communities they serve.

Examples of training topics include:

- Implicit bias
- Microaggressions
- Organizational learning
- Building a culture of inclusion
- Reducing disparities in services

DEI Training Resources

Training on DEI issues are not limited to the resources listed in this section.

National Training offered by Regional CACs and Other Resources

National Children's Alliance - NCA Engage

NCA has a collection of resources, created in collaboration with partners, to help CACs build DEI efforts at their center and with their multidisciplinary team.

<https://learn.nationalchildrensalliance.org/DEI>

Midwest Regional - EduNet Recorded Resource

EduNet is a series of free expert lectures on a variety of multidisciplinary topics, selected to help you grow professionally and archived so you can access them whenever your schedule allows.

<https://www.mrcac.org/watch-now/>

Midwest Regional Elearning - Recognizing Bias and Fostering Healthy Communication

<https://www.mrcac.org/elearning/recognizingbias-fosteringcomm/>

Diversity, Equity & Access

The National Child Traumatic Stress Network – NCTSN

<https://www.nctsn.org/resources/training>

NCTSN offers online webinars and e-learning courses. Some of the courses on the Learning Center provide professionals with continuing education credit. New users will be asked to create an account.

National Native Children’s Trauma Center – Webinars, Interviews and Presentations

<https://www.nnctc.org/tr-webinars>

Children's Advocacy Centers of Washington (CACWA)

www.cacwa.org

CACWA offers training on a variety of topics throughout the year – View our training calendar here: <https://cacwa.org/events/> or sign up to receive notifications by contacting Lisette at training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

CACWA has recorded webinars on a variety of topics located on Talent LMS <https://cacwa.talentlms.com/>.

Forensic Interview



Forensic Interview

Initial Required Training

The purpose of CAC forensic interviews is to facilitate information gathering from children to determine whether abuse occurred and, if so, the nature of the allegations. The CACMDT must adhere to research-based forensic interview guidelines that create an interview environment that enables free recall, minimizes interviewer influence, and gathers information needed by all the MDT members in order to avoid duplication of the interview process.

Skilled forensic interviewing by appropriately trained individuals requires an appropriate neutral setting and effective communication among MDT members. The role of the forensic interviewer must be fulfilled by an appropriately trained, qualified, supervised professional who engages in peer review and ongoing professional development.

The CAC must demonstrate that all forensic interviewer(s) have successfully completed an NCA approved **training that provides a minimum of 32 hours of instruction and practice.**

Washington State – Child Abuse Interviewing & Assessment (CAIA)

This course is 4 days long and conducted online with a final exam on the last day. The final two days include practice interviews with trained actors and time for feedback from experienced interviewers in the field of forensic interviewing. The course is co-sponsored by the WSCJTC and the Alliance for Child Welfare Excellence and meets the training requirements of [RCW 43.101.224](#).
<https://www.cjtc.wa.gov/training-education/special-investigations/child-abuse-interviewing-assessment>

Other Nationally Approved Forensic Interviewer Training Resources

APSAC – 40 hours version

<https://www.apsac.org/forensicinterviewing>

NCAC NICHD

<https://www.nationalcac.org/forensic-interviewing-of-children-training/>

Zero Abuse Project - Child First

<https://www.zeroabuseproject.org/for-professionals/childfirst-forensic-interview-training/>

CornerHouse

<https://www.cornerhousemn.org/training>

First Witness

<https://firstwitness.org/training/>

Forensic Interview

Ongoing Required Training

Individuals who conduct forensic interviews must demonstrate participation in ongoing education in the field of child maltreatment and/or forensic interviewing for **a minimum of 8 contact hours every 2 years.**

National Training Sponsored by the Regional CACs and other Resources

Zero Abuse Project

Zero Abuse project offers training for forensic interviewers throughout the year and most have an associated cost. To register and access the training calendar follow the link.

<https://www.zeroabuseproject.org/trainings/>

CACWA periodically provides scholarships for professionals who work with CACs to attend on-going training and those opportunities are highlighted in our monthly newsletter or in communications for monthly peer review. To receive notifications, contact Lissette @ training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

NCAC Virtual Training Center (NCACvtc)

The NCAC Virtual Training Center offers free online training that requires a one-time registration to create a user ID and password. Register [HERE](#). To ensure access to a printable certificate following completion of the **Recorded Trainings** below, please plan to view the video one time without stopping and starting. After you have viewed the video and have received your certificate, you may watch the video again and skip to sections as many times as you choose in order to reinforce what you have learned. A certificate of completion is **NOT** issued for viewing a webinar. Webinars are offered as a knowledge resource and enrichment tool and do not have knowledge checks.

Beyond the Basics Courses (NCACvtc)

- Increasing Skill in Forensic Interviewing of Children – in person only (Huntsville)
- Critical Thinking in the FI: Moving from Rote to Responsive Thinking – in person only (Huntsville)
- Getting the Best Information from a Narrative Child Witness – Online/virtual only
- Introduction to Supervision for Child Forensic Interviewers – Online/virtual only
- Forensic Interviews of Preschool Child Witnesses – in person only (Huntsville)
- Strategies for Interviewing a Reluctant Child Witness – in person only (Huntsville)
- Supervision of Child Forensic Interviewers – in person only (Huntsville)
- More than One Interview: When, Why, and How – in person only (Huntsville)

<https://www.nationalcac.org/beyond-basic-forensic-interviewing-curriculum/>

Forensic Interview

Ongoing Required Training Continued

Building Forensic Interviewing Skills Online - Advanced Training (NCACvtc)

The purpose of this training is to provide professionals, who have completed a nationally or state recognized forensic interview training, the opportunity to strengthen and expand their practical skills. This training will provide opportunities to review and practice key elements of forensic interviewing, to improve practice and enhance interviewing skills. In addition, interviewers will receive preparation and practice tools to use to evaluate their own interviews and to participate in effective peer review with other interviewers. Click on the link to read more about qualifications, how to apply and to see the most current training dates.

<https://www.nationalcac.org/building-forensic-interviewing-skills-qualifications/>

The American Professional Society on the Abuse of Children (APSAC)

APSAC offers forensic interview clinics at multiple times each year at a cost to participants. APSAC's curriculum teaches a structured narrative interview approach that emphasizes best practices based on research and is guided by best interests of the child. Because WA State has its own approved core training, CACWA does not typically cover clinic costs, however they also periodically provide training opportunities for forensic interviewers that CACWA can help support. Such opportunities will be highlighted in our monthly newsletter or in communications for monthly peer review.

<http://www.apsac.org/>

To receive notifications, contact Lisette @ training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

Children's Advocacy Centers of Washington (CACWA)

www.cacwa.org

CACWA is the State Chapter for CACs and provides training, technical assistance and other support to CAC and MDT professionals.

View our training calendar here: <https://cacwa.org/events/> or sign up to receive notifications by contacting Lisette @ training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

Victim Support & Advocacy



Victim Support and Advocacy

Initial Required Training

Victim support and advocacy services are provided to all CAC clients and their caregivers as part of the multidisciplinary team responses. All advocates who serve on the MDT and are providing services to the CAC clients must meet the prescribed training and supervision requirements. This includes advocates on staff at the CAC and/or advocates from outside organizations providing advocacy services and serving as members of the MDT.

Initial Victim Advocacy Training that Meets the NCA Standard

The Advocate's Role in the Multidisciplinary Response to Child Abuse

The Advocate's Role in the Multidisciplinary Response to Child Abuse training is intended to fulfill the 24 hours of core training for victim advocates required in the 2023 NCA Standards. This training covers the nine competencies set forth in those standards and will include evaluation of an increase in skills and knowledge in those attending the training. The training is offered at different times of the year and will open for application. There is no cost to participate in this training.

Follow link to register: <https://www.regionalcacs.org/the-advocates-role-in-the-multidisciplinary-response-to-child-abuse/>

Comprehensive, coordinated victim support and advocacy services are provided by designated individual(s) who have specialized training that includes a minimum of **24 hours of instruction**, including, but not limited to:

1. Dynamics of child abuse
2. Trauma-informed services
3. Crisis assessment and intervention
4. Risk assessment and safety planning
5. Professional ethics and boundaries
6. Understanding the coordinated multidisciplinary response
7. Understanding, explaining, and affording of victim's legal rights
8. Court education, support, and accompaniment
9. Knowledge of available community and legal resources, referral methods and assistance with access to treatment and other services, including protective orders, housing, public assistance, domestic violence intervention, transportation, financial assistance, and interpreters, among others as determined for individual clients
10. Cultural responsiveness and addressing implicit bias in service delivery
11. Caregiver resilience
12. Domestic violence/family violence/children's exposure to domestic violence and poly-victimization

Victim Support and Advocacy



WCSAP Advocate Core Training – 30 Hours

Advocate Core training is designed to help new sexual assault advocates provide responsive and effective advocacy to survivors of sexual assault. Advocate Core is held 3 times a year and is virtual until further notice. To find information about the next scheduled training follow this link

<https://www.wcsap.org/training/advocate-core>

WCSAP Advocate Core training alone does not meet NCA Standards.

CACWA Victim Advocacy Training – 8 Hours

CACWA VA Training supplements the WCSAP Core training and focuses on topics to deepen the victim advocacy practice for children, caregivers, and MDT.

The CACWA VA Training and WCSAP Core Training in combination will meet the NCA Standard. Check the event calendar on www.cacwa.org for the next training.

Other CAC Victim Advocate Core Training Resources

First Witness

First Witness is NCA approved and provides online, live advocacy training. Cost for training is **\$550**. See website for available online dates. The training covers:

- Society, Beliefs, and the Impact of Advocacy
- 6 Core Principles of Social Change Advocacy
- Child Sexual Abuse Dynamics
- MDT and Child Advocacy Centers
- Victim Rights and Compensation
- Trauma Informed Services
- Crisis Assessment and Intervention Skills
- Risk Assessment and Safety Planning
- Active Advocacy
- Advocate Credibility
- Boundaries and Ethics
- System Change
- Prevention Messaging in Work with Families

<https://firstwitness.org/training/advocacy/>

Strand Squared

45-Hour Crime Victim Advocates Course (NCA approved)

Training is online and self-paced. Cost **\$700**. See website for registration details.

<https://strand-school-house.teachable.com/p/45-crime-victim-advocates-course>

Victim Support and Advocacy

Ongoing Required Training

Individuals who provide victim advocacy services for the CAC must demonstrate participation in ongoing education in the field of victim advocacy and child maltreatment consisting of a **minimum of 8 hours every 2 years**.

National Training Resources for On-Going Education/Training Hours

Midwest Regional - EduNet Recorded Resource

EduNet is a series of free expert lectures on a variety of multidisciplinary topics, selected for professional growth and archived for access as schedules allow.

<https://www.mrcac.org/watch-now/>

National Children's Advocacy Center Virtual Training Center – NCACvtc

<https://ncacvtc.org/>

National Children's Alliance -NCA Engage

<https://engage.nationalchildrensalliance.org/home>

National Native Children's Trauma Center – Trauma and Resilience Webinars

<https://www.nnctc.org/tr-webinars>

Futures Without Violence

<https://www.futureswithoutviolence.org/resources-events/webinars-3/>

The National Child Traumatic Stress Network - NCTSN

NCTSN offers online webinars and e-learning courses. Some of the courses on the Learning Center provide professionals with continuing education credit. New users will be asked to create an account.

<https://www.nctsn.org/search?query=csec>

<https://www.nctsn.org/resources/training>

The American Professional Society on the Abuse of Children – APSAC

<https://www.apsac.org/videos>

National Criminal Justice Training Center

<https://ncjtc.fvtc.edu/>

Office for Victims of Crime Training & Technical Assistance Center

Free online training covering domestic violence, human trafficking, mass violence and terrorism, resiliency, sexual assault, vicarious trauma, victim's rights, and other topics.

https://www.ovcttac.gov/views/TrainingMaterials/dspOnline_VATOnline.cfm

Office for Victims of Crime Training & Technical Assistance Center

https://www.ovcttac.gov/views/TrainingMaterials/dspOnline_VATOnline.cfm

Victim Support and Advocacy

King County CSEC Task Force

<https://www.kingcountycsec.org/>

The website provides a number of resources for training.

Children's Advocacy Centers of Washington (CACWA)

www.cacwa.org

CACWA offers training on a variety of topics throughout the year – View our training calendar here: <https://cacwa.org/events/> or sign up to receive notifications by contacting Lisette at training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

CACWA has recorded webinars on a variety of topics located on Talent LMS <https://cacwa.talentlms.com/>.

Medical Professionals Working with CACs



Medical Professionals Working with CAC's

Physicians, advanced practice nurses, physician assistants and SANEs without advanced practice training may all engage in medical evaluations of child abuse. due to differences in foundational training in pediatric assessment by provider type - Physician (MD or DO), Advance Practice Nurse (APRN), Nurse Practitioner (NP), Pediatric Nurse Practitioner (PNP), Physician's Assistant (PA), Sexual Assault Nurse Examiner (SANE, Adult and Pediatric) - the following training and eligibility standards must be met by the health care provider of a CAC regardless of whether the exams are occurring on or off-site.

Foundational Education & Training

Medical evaluations are conducted by health care providers with specific training in child sexual abuse who meet at least ONE of the following training standards:

1. Child Abuse Pediatrics Subboard eligibility or certification.
2. Physicians without board certification or eligibility in the field of child abuse pediatrics, advanced practice nurses, and physician assistants should have a **minimum of 16 hours of formal didactic training in the medical evaluation of child sexual abuse.**
3. Sexual assault nurse examiners (SANEs) without advanced practitioner training should have a **minimum of 40 hours of coursework specific to the medical evaluation of child sexual abuse followed by a competency-based clinical preceptorship with an experienced provider in a clinical setting, where the SANE can demonstrate competency in performing exams.**

Ongoing Training & Education

Medical professionals providing services to CAC clients must demonstrate continuing education in the field of child abuse consisting of a **minimum of 8 contact hours every 2 years.**

Teaching experience in the area of child abuse that is approved to provide CEU or CME activity also qualifies for ongoing education credit.

National Training Resources for On-Going Education/Training Hours

National Children's Advocacy Center – NCACvtc

This is a go to site for online training on multiple topics concerning child sexual abuse and child physical abuse.

<https://ncacvtc.org/#/login>

National Children's Alliance – NCA Engage

<https://engage.nationalchildrensalliance.org/home>

Medical Professionals Working with CAC's

The National Child Traumatic Stress Network – NCTSN

<https://www.nctsn.org/>

NCTSN offers online webinars and e-learning courses. Some of the courses on the Learning Center provide professionals with continuing education credit. New users will be asked to create an account.

Midwest Regional Children's Advocacy Center (MRCAC)

Medical Training Academy/Updated \$349.00

Online training to prepare medical providers in correctly identifying and diagnosing child physical and sexual abuse. The course contains 21 lessons, which include three in-depth case studies, build the essential skills and knowledge that medical providers will need to confidently navigate real world situations.

Medical Training Academy: Pediatric/Adolescent Sexual Assault Nurse Examiner (PSANE) Course \$349.00

Interactive, self-paced set of online lessons designed to help the PSANE correctly identify child sexual abuse as well as child physical abuse injuries. This course focuses on the holistic treatment of the child, building on the strengths of foundational nursing education to enable the PSANE to obtain and document a patient history and physical examination, to recognize and document child abuse injuries, and to implement a treatment and discharge plan incorporating nursing diagnosis. Interactive lessons and case studies build the essential skills and knowledge that PSANE providers will need to confidently navigate real world situations.

<https://www.mrcac.org/catalog/>

Midwest Regional - EduNet Recorded Resource

<https://www.mrcac.org/watch-now/>

National Criminal Justice Training Center (NCJTC) - No Cost.

Pediatric Sexual Assault Nurse Examiners: Roles, Responsibilities and the New National Pediatric SAFE Protocol

<https://ncjtc.fvtc.edu/>

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CACWA has recorded webinars on a variety of topics located on Talent LMS <https://cacwa.talentlms.com/>.

Mental Health Professionals Working with CACs



Mental Health Professionals Working with CAC's

The focus of the CAC is to provide a place that fosters healing and avoids retraumatization of children and families by the systems responding to their needs. Whether in person or by linkage agreement, therapeutic intervention helps regain balance and healing for children who have experienced trauma.

Mental health services are provided by professionals trained in delivering trauma-focused, evidence-supported mental health treatment. All mental health providers for CAC clients, whether onsite or by referral and linkage agreement with outside individuals or agencies, must meet the following training and education/license requirements.

Education/License Requirement

The CAC must demonstrate that its mental health providers(s) meets at least **one** of the following academic training standards:

1. Master's degree/licensed/certified in a related mental health field.
2. Master's degree in a related mental health field and working toward licensure; supervised by a licensed mental health professional.
3. Student intern in an accredited mental health related graduate program, when supervised by a licensed/certified mental health professional. Both the student intern and supervising licensed mental health professional must meet the indicated 40-hour training requirements. Students who are currently enrolled in a training to deliver an EBT may provide services to children as a part of their EBT training.

Training Requirement

The CAC must demonstrate its mental health provider(s) has completed **40 contact hours in training and consultation calls** to deliver an evidence-supported mental health treatment to children who have experienced trauma from abuse. (Examples include TF-CBT, PCIT, AF-CBT, CFTSI, EMDR, CPP). Training programs that include fewer than 40 hours (including consultation calls) may be supplemented with contact hours in evidence-based assessment.

Ongoing Training Requirement

Clinicians providing mental health treatments to CAC clients **must demonstrate completion of continuing education** in the field of child abuse, trauma, clinical practice and/or cultural applications consisting of a **minimum of 8 contact hours every two years**.

Clinicians providing mental health treatment services to CAC clients **must participate in ongoing clinical supervision and/or consultation**.

Mental Health Professionals Working with CAC's

National Training Resources for On-Going Education/Training Hours

National Children's Alliance (NCA)

<https://engage.nationalchildrensalliance.org/home>

Basic TF-CBT

NCA conducts basic TF-CBT training for clinicians at various points throughout the year. Cost for training is \$450. This training includes 12-14 consultation calls plus bonus Telehealth TF-CBT training. NCA grant funds cannot be used to cover the cost of training. See link above for more information and to register.

Trauma Focused Cognitive Behavioral Therapy Via Telehealth: Advanced Topics and Techniques

This 5-hour training will provide mental health professionals with an understanding of telehealth delivery of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Topics covered will include:

1. Specific tailoring of TF-CBT components for a telehealth delivery format
2. Demonstration of how to utilize electronic resources to deliver TF-CBT components via telehealth
3. Procedures and workflow considerations for telehealth delivery of TF-CBT.

See link above for more information and to register.

Western Regional Children's Advocacy Centers (WRCAC)

<https://www.westernregionalcac.org/training/webinars/>

Trauma Informed Care and Practice in a CAC Setting

3-part webinar series focused on the effects of trauma on children and how to implement trauma-informed practices in a CAC.

- Trauma 101 and Trauma-Informed Practice by CAC and MDT Professionals
- Ensuring Children's Advocacy Centers are Trauma-Informed Organizations
- Assessing and Improving Trauma-Informed Care in Children's Advocacy Centers

See link above for more information and to register.

Getting Started with Tele-Mental Health

This 10 minute mini-webinar and tip sheet for CACs and clinicians transitioning to telemental health delivery services in response to the COVID-19 pandemic. The video was developed by The Medical University of South Carolina and provides a snapshot of everything to consider when starting telemental Health.

- Telehealth: What You Need to Know to Get Started (English and Spanish)

See link above for more information and to register.

Mental Health Professionals Working with CAC's

Tele-Mental Health Webinar Series

This five-part webinar series covers tele-mental health options for delivering trauma-informed, evidence-based mental health services.

- The Science of Tele-Mental Health
- Delivering TF-CBT via Tele-Mental Health
- Tele-Mental Health: The Clinician's Perspective
- The Challenges of Tele-Mental Health: Technology & Licensure

<https://www.westernregionalcac.org/training/webinars/>

National Child Traumatic Stress Network - NCTSN

<https://www.nctsn.org/>

[https://www.nctsn.org/search?](https://www.nctsn.org/search?query=mental%20health&f%5B0%5D=field_taxonomy_resource_type%3A21)

[query=mental%20health&f%5B0%5D=field_taxonomy_resource_type%3A21](https://www.nctsn.org/search?query=mental%20health&f%5B0%5D=field_taxonomy_resource_type%3A21)

NCTSN offers online webinars and e-learning courses. Some of the courses on the Learning Center provide professionals with continuing education credit. New users will be asked to create an account.

Children's Advocacy Centers of Washington (CACWA)

www.cacwa.org

CACWA offers training on a variety of topics throughout the year – View our training calendar here: <https://cacwa.org/events/> or sign up to receive notifications by contacting Lisette at training@cacwa.org to be added to the CACWA Newsletter and Forensic Interviewer email lists.

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Organizational Capacity



Organizational Capacity

The CAC promotes employee well-being by providing **training and resources regarding the effects of vicarious trauma, providing techniques for building resiliency, and maintaining organizational and supervisory strategies to address vicarious trauma and its impact on staff.**

The CAC provides training **opportunities and resources** on vicarious trauma and building resiliency to all MDT member.

Organizational Capacity Training Resources

National Training Resources for On-Going Education/Training Hours

Southern Regional Children's Advocacy Centers

Reflect, Refuel, Reset, Series on Secondary Traumatic Stress (self-paced training)

<https://www.srcac.org/reflect-refuel-reset/>

Western Regional Children's Advocacy Center – WRCAC

Building Resilient Teams - online guided discussion group to build resiliency within the multidisciplinary team (MDT). Participants, with guidance from a facilitator, will review the core elements of resiliency, identify strategies to grow capacity in each element, and consider how to implement the strategies within their MDT to encourage resiliency. Up to two discussion groups will be offered regionally in FY 2022-2023 to two-person teams from MDTs, with at least one individual from each team having a leadership role within the MDT to help encourage the successful implementation of new strategies.

<https://www.westernregionalcac.org/training-and-events/building-resilient-teams/>

National Children's Advocacy Center – NCACvtc

<https://ncacvtc.org/#/login>

The National Child Traumatic Stress Network – NCTSN

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<https://www.nctsn.org/>

Organizational Capacity

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Child Safety & Protection



Child Safety & Protection Standard

CAC staff are mandatory reporters. **CACs are required to ensure that mandated reporter training is provided to all staff and volunteers.** Updates to state statutes and mandated reporter laws must be provided to staff and volunteers annually, if applicable. Annual training is important to ensure that changes in the law and/or agency reporting procedures can be understood and observed.

Mandated Reporter Training Resources

National Training Resources for On-Going Education/Training Hours

Washington State Department of Children, Youth and Families

Mandatory Reporting of Child Abuse and Neglect

Find the Mandatory Reporter Roles and Responsibilities eLearning and an explanation of the Washington State mandatory reporting law on child abuse.

<https://www.dcyf.wa.gov/safety/mandated-reporter>

Darkness to Light

Find child sexual abuse prevention information, advocacy for behavioral impact, education and training, and research.

<https://www.d2l.org/>

Zero Abuse Project

Your FIRST Response to Alleged Child Maltreatment - \$75-\$85

Live, virtual, half-day training goes beyond recognizing types of maltreatment. The training combines both lecture and practicum giving participants the tools and practical skills to better communicate with a child during the initial outcry of maltreatment.

<https://www.eventbrite.com/e/your-first-response-to-alleged-child-maltreatment-tickets-525061361667>

Optional Standards

- Commercial Sexual Exploitation of Children
- Child Physical Abuse
- Child Abuse Prevention

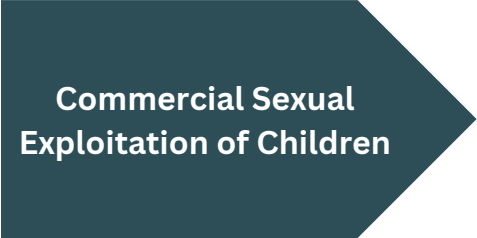


Optional Standards

CACs seeking accreditation need only meet the 10 mandatory standards, but centers opting into the optional standards must meet any to which they commit, as well as the 10 mandatory standards, to receive accreditation.

NCA sets minimum standards that inform and strengthen professional practice and are consistent and updated with the state of the field. The three optional standards were developed with consideration of the diversity of the communities CACs serve. There is no hierarchy among the National Standards for Accreditation as all are equally important to the healthy functioning of CACs. However, the optional standards give those CACs that have operations beyond the 10 mandatory standards the opportunity to showcase their services as evidence-based and evidence-supportive interventions.

The optional standards are:



Commercial Sexual Exploitation of Children

The CAC identifies, screens, and provides services to children and youth who are at risk of, or have experienced the Commercial Sexual Exploitation of Children (CSEC).



Physical Abuse

Specialized care, evaluation and treatment services are available to all clients in cases of alleged physical abuse, and are coordinated as part of the multidisciplinary team response.



Child Abuse Prevention

The CAC provides evidence-supported child abuse prevention education, training, and community awareness.

There are no specified training requirements for this standard.

Commercial Sexual Exploitation of Children (CSEC)



Commercial Sexual Exploitation of Children (CSEC)

With growing awareness and understanding of the complex problem of CSEC, CACs and their MDT law enforcement and child- and youth-serving partners have been expanding their capacity to identify and respond to the needs of children and youth who may be at risk, or being recruited and exploited, including necessary protections and referrals to specialized services.

To ensure that a CAC/MDT has the capacity to address the needs of possible CSEC victims, a comprehensive array of skills, services and interventions are required. This includes screening for, and identification of, those at risk of exploitation, how and when to conduct forensic interviews and CSEC-specific investigations, additional MDT partners to engage, unique and/or additional services needed and how they should be coordinated.

OJJDP Office of Juvenile Justice And Delinquency Prevention - CSEC Definition

Commercial Sexual Exploitation of Children (CSEC) refers to a range of crimes and activities (solicited, patronized or advertised) involving the sexual abuse or exploitation of a child for the benefit of any person or in exchange for anything of value (including monetary and non-monetary benefits) given or received by any person.

Foundational Training Requirement

CAC/MDT members must participate in a **combined total of 15 hours of CSEC training** inclusive of the following and as appropriate to their roles:

- Introduction to CSEC (types and dynamics of exploitation and trafficking, role of MDT partners, federal and state laws)
- Interviewing CSEC/CST victims
- Addressing the unique needs of CSEC victims (victim-centered, trauma-informed response)
- Trends and innovative programs
- Interpersonal Support
- Forensic interviews - advanced training in conducting a CSEC forensic interview required (timing and protocols for this type of forensic interview may differ from other CAC cases)

CSEC Training Resources

National Training Resources for On-Going Education/Training Hours

National Children's Alliance - NCA Engage

Content found in the Learning Center on Child Sexual Exploitation Resources including training, CSEC resources and child sexual abuse materials resources. Log in required.

<https://learn.nationalchildrensalliance.org/CSEResourceToolkit>

Commercial Sexual Exploitation of Children (CSEC)

The National child Traumatic Stress Network - NCTSN

NCTSN offers online webinars and e-learning courses. Some of the courses on the Learning Center provide professionals with continuing education credit. New users will be asked to create an account.

<https://www.nctsn.org/search?query=CSEC>

National Children's Advocacy Center Virtual Training Center – NCACvtc

Online training/recorded webinars on multiple topics concerning child sexual abuse and child physical abuse. Courses are listed alphabetically in the catalog and log-in is required.

<https://ncacvtc.org/#/login>

Midwest Regional Children's Advocacy Center

Introduction to the Commercial Sexual Exploitation of Children (CSEC)

<https://www.mrcac.org/?s=csec>

National Criminal Justice Training Center - NCTJC

Both online training and other resources specific to CSEC. NCTJC also provides live in-person and online training on topics of CSEC. Some training is free of charge and others have a fee or are located in an area that would require travel.

<https://ncjtc.fvtc.edu/search-results?terms=CSEC&content=Training>

King County CSEC Task Force

Multiple resources including 101 training to higher level training topics on CSEC.

<https://www.kingcountycsec.org/>

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CACWA has recorded webinars on a variety of topics located on Talent LMS <https://cacwa.talentlms.com/>.

Child Physical Abuse



Physical Abuse

All children who are suspected victims of child physical abuse are entitled to medical evaluations by qualified health care professionals with specialized training and expertise. This evaluation serves to document any injuries, determine the cause of the injuries, and develop a diagnostic and treatment plan for the child. Specially trained medical providers need to determine and guide an appropriate course of action, including relevant medical facility referrals.

Foundational Education & Training

Medical examinations and documentation are conducted by healthcare providers with specialized child physical abuse training that meets at least ONE of the following training standards:

1. Pediatricians with Child Abuse Pediatrics (CAP) subspecialty board certification or eligibility
 2. Physicians without CAP board certification or eligibility, but who have advanced training in the field of CAP, who have practiced in the field for a minimum of 5 years and/or at least 50% of their cases are child physical abuse cases.
- NOTE: This can be demonstrated through an affidavit and/or case data information.
3. Physicians without CAP board certification or eligibility (excluding those above with advanced training and expertise), Advanced Practice Nurses, and Physician Assistants, all of whom are required to collaborate with a Child Abuse Pediatrician or someone acting as a CAP.
 4. Forensic Nurses without advanced practitioner training should have a minimum of 40 hours of training specific to the medical evaluation of child physical abuse and must work in conjunction with an advanced medical team that includes an advanced practitioner.

Ongoing Training Requirement

Medical professionals providing services to CAC clients must demonstrate continuing education in the field of child physical abuse consisting of a **minimum of 8 contact hours every 2 years.**

Medical professionals providing physical abuse evaluations for CAC clients must demonstrate participation in peer review of physical abuse exam findings. These medical professionals must demonstrate **participation in an expert peer review process a minimum of 6 times per year.**

Please review the full text of the optional standards for more information about the expert peer review process.

Ongoing Training & Education Continued

All CAC medical providers are expected to attend and participate in Continuing Medical Education in the field of child physical abuse and neglect which may include:

- Online medical training approved for Continuing Education Credits
- Local, statewide, or national conferences approved for Continuing Education Credits
- Medical provider serves as an instructor for an educational lecture/course approved for Continuing Education Credits

CAC providers participate in a child abuse listserv such as:

- AAP Council on Child Abuse and Neglect
- SIGCA (special interest group for child abuse)
- Helper society

National Training Resources for On-Going Education/Training Hours

Midwestern Regional Children's Advocacy Centers

Medical Aspects of Child Abuse for the MDT: Updated Course

<https://www.mrcac.org/elearning/medical4mdt/>

National Children's Advocacy Center Virtual Training Center

- The Opioid Epidemic; Medical Considerations for Affected Youth
- Munchausen by Proxy? Medical Child Abuse? Factitious Disorder? A Rose by Any Other Name...
- Fractures in Infants and Children's: Abuse, Accident or Brittle Bones?
- Sentinel Injuries in child Physical Abuse

<https://www.ncacvtc.org/#/search?term=medical%20evaluation>

National Criminal Justice Training Center (NCJTC)

Child Abuse: The KNOW & TELL® Program for Healthcare Providers - Self-Paced and CEUs available. No Cost.

<https://ncjtc.fvtc.edu/>

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